

It works for me Bio-Resonance Therapy

Get the healing vibes

Eczema blighted one woman's life until she found a treatment that resonated with her.

Can you feel the force? BRT therapist Anne Bacon treats ailments from eczema to asthma.

As a seven year old, getting ready for school was a time-consuming process for Lorraine Crane. So bad was her eczema, particularly on her feet, that each of her toes had to be individually bandaged before she could put on her shoes. Although her symptoms inexplicably disappeared when she was ten, they resurfaced with a vengeance seven years later.

"First my skin flared up on my legs, then my entire body became dry, red and incredibly itchy," recalls the 33-year-old crime analyst. "Even my scalp was red raw. I would scratch until my skin bled. The itching was maddening and stopped me sleeping at night. In the morning my bed sheets would be covered in blood."

Although her doctor prescribed a steroid cream, it was another two years before she was referred to a dermatologist, whose tests revealed she was allergic to nickel and had a host of other allergies including wheat, dairy, yeast, sugar, salt, caffeine, alcohol, fruit and chocolate. "My diet became very restrictive. I couldn't just go out for a meal or grab a sandwich, I even had to distil the water I washed in as I was allergic to chlorine. Nylon, Lycra and wool, certain types of washing powders and soap and perfumes, all had to be avoided too."

While cutting out all the products she had an allergy to helped, it didn't rid her of eczema. The summer months were often the worst and her self-consciousness grew to the point of acute embarrassment. "Bikinis, shorts and T-shirts were out. I just didn't want anyone to see the state of my skin on my arms, legs, hands and feet," she says. And later her sex life was to suffer too.

"I felt so inhibited -it was impossible to feel sexy when my body was scabby and blotchy all over."

WHAT IS IT?:

When someone suffers from an allergy, it is believed that by transmitting a mirror image of the frequency of that allergen back to the patient by a large magnetic electrode held close to the body, the allergen can be killed permanently. The therapy has been practised in Germany for the past 15 years and practitioners claim to be able to detect and treat thousands of allergens, as well as vitamin and mineral imbalances and parasites.

SUITABLE FOR? Everyone, including babies, pregnant women and the elderly. It is believed that BRT is effective in treating any condition caused by allergies such as asthma, irritable bowel syndrome, hayfever or arthritis.

COST £40-Pounds £85 for a session lasting up to one hour.

CONTACT Anne Bacon on 01442 831551 or visit www.energymedic.co.uk, www.vitahealth.co.uk/bioresonance.

Try as she might, Lorraine could not keep a lid on her allergies. In 1995, when she moved into a newly-built home in Lincoln she developed a rash on her stomach and later tested allergic to new paints, plaster, cement and new furnishings. In desperation she turned to the internet and spent hours trawling the web's vast medical library looking for solutions and trying various creams, vitamins and herbs without success until, two years ago, she discovered Anne Bacon's website on Energy Medicine. A practitioner of bio-resonance therapy (BRT), Anne uses it to treat a number of ailments including eczema, hay fever, arthritis and asthma.

Popular in the Nineties, BRT works on the belief that we have our own electromagnetic fields and unique vibrations or "oscillations". According to Rheinhold Will, a German BRT specialist, it is the physical vibrational properties of matter rather than their chemical properties that trigger allergic responses.

During BRT, the theory goes, the exact frequency or energy field of an allergen is found using a bio-tensor, a gold-plated rod, similar to a divining rod, which senses a person's personal resonances. A Bicom machine is then programmed to convert the frequency to a mirror-image frequency, while the patient holds a large magnetic electrode next to their clothed body. The Bicom machine then transmits the frequency back, a process that is believed to kill the offending allergen permanently. It takes about 15 minutes to treat each allergen.

"There were several things that appealed when I looked at Anne's site," Lorraine says. "First it was the acknowledgment that eczema could be caused by an allergic reaction, which I knew was pretty much my case, that it could be treated without using drugs and that it had rapid results. My husband Adrian was skeptical but I felt like I was being given a chance."

She began the gruelling three-and-a-half hour commute from her Lincoln home once a week to Anne's house in Hemel Hempstead, Hertfordshire, for a 40-minute session.

According to Anne, an accredited BRT practitioner who trained with Regumed, the Institute for Regulative Medicine, based in Germany, Lorraine was a severe case because of the multitude of allergies she had developed over a 14-year period. She also had Candida, a yeast fungus, in the gut, which is often a root cause of allergies. "The yeast fungus lines the intestine walls, making them porous so partially digested food enters the blood stream causing allergic reactions," Anne believes.

After treating Lorraine's candida using BRT, Anne started testing and treating her for specific allergies. Within 48 hours of each treatment, Lorraine would develop a rash on her stomach - a reaction that was unique to Lorraine and a sign, according to Anne, that her body was detoxing. The following week, Anne would then retest Lorraine for signs of the allergy. "If I showed no negative response, I was allowed to gradually reintroduce the allergen into my body, and what was amazing is that I could do so without suffering any symptoms."

"My diet become restrictive I even had to distil the water I washed in"

Anne also advised Lorraine to avoid yeast and sugar in her diet for at least two months as these feed the yeast fungus. She also gave her some herbal products to help support and detox the liver, acidophilus, a form of friendly bacteria which lives in the gut, and advised her to drink at least 1 litres of water a day.

Within seven months, her skin was eczema-free and Anne declared her to be allergy-free too. Two years on, she no longer considers herself to suffer from eczema. More important even than being able to eat anything from ice-cream to chocolate eclairs, the pet-lover is no longer allergic to animals. She has two cats and dogs, something that once she could only dream of.