

**Spectrum Radio 558 AM/MW**  
**Interview with Anne Bacon of Energy Medicine by Val Reynolds-Brown**  
**16.00 Sunday 20th August 2002**

**Broadcaster - Val Reynolds-Brown**

I now have Anne Bacon on the line to tell us about her work with bioresonance therapy and how it is applied to the treatment of allergies. Hello Anne, can you tell us a little about bioresonance therapy.

***Energy Medicine - Anne Bacon***

*Bioresonance therapy has many applications but we use it for the diagnosis and treatment of allergies and that is our main interest. The reason for this is that I suffered from allergy problems for many years and it has got rid of all of my allergies. The treatment is totally non invasive as there are no drugs and no needles and it is really very fast, with patients experiencing rapid results. So really we want to get the word out that if you suffer with allergies then you no longer have to avoid this food or that food for life; you can now do something about it as the technology is here now and it is just so simple.*

*The way we use bioresonance is that we have the electromagnetic frequencies of thousands of substances which we believe can cause an allergy, whether they be foods, pollens, chemicals and even parasites. We transmit these frequencies to the patient using electrodes and we test to see if the patient reacts to any particular frequency. We then invert that frequency associated with the problem substance (in other words, we create a mirror image of that frequency) and transmit this back to the patient and by doing this, we break up the programme that the person has built into their system. In other words, the programme that causes the allergy, and once we activate the immune system it will right itself within a few days. So after 1 or 2 treatments patients find that even with allergies they have had for over 20 years, they can then be exposed to that pollen or eat the problem food without any reaction at all - and the treatment is permanent. It really is such a wonderful therapy.*

**Broadcaster - Val Reynolds-Brown**

I just want to assure everyone who is listening that it does not hurt at all.

***Energy Medicine - Anne Bacon***

*That is correct, for example we have a number of children come and only this week, we had a very young child who was asleep for the whole session and the treatment did not even wake him up. The only side affect that we occasionally get after the treatments is that people tend to become tired for a day or two. But if you think about it, we are asking the body to reprogramme itself because the programme for the allergy will be built into every cell in their body. So what you are asking the person's body to do is to reprogramme itself at a very deep level and so sometimes patients can be a little tired for a day or two, but it is rare and is nothing major. This is the only possible reaction providing they do not eat that food or whatever it is we are treating for a few days.*

**Broadcaster - Val Reynolds-Brown**

Would there be anyone you could not treat with this technique.

***Energy Medicine - Anne Bacon***

*Yes, people with auto immune disease such as MS. It is not such a good idea with such people as our approach strengthens the immune system and this gives the body more ammunition to fire at itself with an auto immune problem and so anyone with that problem we advise caution. That said, a new technique with bioresonance has now been developed in the US to enable us to treat auto immune patients and we will introduce this later in the year. Other patients who would not benefit would include anyone with a pacemaker or women in the first 3 months of pregnancy. Apart from that we are treating really anyone from small babies to the very elderly and there are no side affects at all, it is just wonderful to see the results.*

**Broadcaster - Val Reynolds-Brown**

Good. Why do you think some people get allergies and not others.

***Energy Medicine - Anne Bacon***

*There are a few reasons. Some people have a strong inherited predisposition for allergies, it is something that unfortunately you can inherit through your genes. If 1 parent has an allergy problem I think you have a 1 in 3 chance of getting allergies and if both parents suffer you have a 2 in 3 chance of getting allergies yourself. So unfortunately, there are those of us that have this unfortunate predisposition. However, you can minimise this as much as possible by having a healthy immune system that works as well as possible and this will minimise the problems with the allergies they have however, there is no way (as yet) of removing that inherited predisposition.*

*Also, there are those people who get allergies later on in life and patients think they have just come out of the blue. This can be because they have had long courses of antibiotics which block out the good flora in their gut which helps them to digest their food. Antibiotics are obviously used to help people but they can also be very damaging to people's long term health and we get a lot of clients who come to us with something such as irritable bowel syndrome, which we often find is a result of long term exposure to antibiotics. They just do not have the right gut flora in place and other things have grown there such as Candida yeast or something and then the whole digestive system deteriorates rapidly. This is then a stage at which allergies can kick in.*

**Broadcaster - Val Reynolds-Brown**

Do you recommend people take probiotics.

**Energy Medicine - Anne Bacon**

*Yes I do. I think all of us from time to time should have probiotics even if you do not have allergies. I think they can be excellent and we do use them with certain treatments, especially when we're treating people for candida problems or even when people have parasitic gut infestations. This is something that people don't like to talk about but it's quite common. It's a major cause of irritable bowel syndrome in this country and also a major cause of allergies. You can have something in your body such as a tapeworm or a parasitic micro-organism which is living in the gut, which you can catch quite simply just by going abroad and swimming in a contaminated pool.*

**Broadcaster - Val Reynolds-Brown**

Yes, there was something in the news last week, Majorca, I think .

**Energy Medicine - Anne Bacon**

*Yes, in hot countries you can catch parasites much more easily but you can obviously catch them over here just as easily and you can harbour parasitic micro-organisms in the gut for many years and not know and patients would not understand why they are not well.*

**Broadcaster - Val Reynolds-Brown**

I think now we will have a little music and give the listeners an opportunity to call in with any questions they may have.....Anne, I now have Sarah on the line who would like a word with you.

**Listener - Sarah**

I am having treatment with you and my situation has improved enormously. I had trouble with allergies for many years and since having treatment then a lot of things have improved, especially being able to eat bread which I have not been able to for a long time. What used to happen is that I would fill out all over both inside and out and originally could not eat, sleep or even move properly and now it has improved enormously and changed my life.

Wheat is not the only thing I have been allergic to, I have been allergic to lots of things. When I came to see you the other day I was feeling very rough and had lots of little red wheals all over me and now all of that has now gone after the treatment and this was a result of exposure to something very new that I had inadvertently introduced and in this case it was T-Tree oil.

The treatment initially can be disconcerting as when I started I realised I was experiencing symptoms that I had not had for years and I was worried at first until I realised what was happening and one by one my allergy reactions just went. Now months after the treatments none of the problems have ever come back and now I eat wheat and anything else with no problems.

**Energy Medicine - Anne Bacon**

*Wheat is a basic allergen and one of the worse things for a patient as it is in so many foods.*

**Listener - Sarah**

This is true as with my wheat allergy I got to the stage where I always had to take my own special food with me when we went out or went away and these were foods that were completely gluten free and wheat free and I do not have to do this any more; it is absolutely wonderful.

**Broadcaster - Val Reynolds-Brown**

That is a really great story Sarah, thank you. We have several people on the line so lets give another listener an opportunity to speak to Anne.....  
We now have Jean on the line.

**Listener - Jean**

Good afternoon Anne, I was just wondering. I have just been diagnosed with having Candida and have a lot of sensitivities to foods, I am following guides I have been given to reduce the levels of Candida I have and am finding it very difficult. Is this something you have any experience of treating with your therapy.

**Energy Medicine - Anne Bacon**

*Yes we have. We did talk briefly about Candida a short while ago. For anyone who is not sure what this is; it is an overgrowth of a yeast fungus in the gut which can cause all sorts of problems for people which in small amounts is not a problem but it can get out of hand, for example after a course of antibiotics or if a person has a particular sugar laden diet. The normal course of treatment, by this I mean the medical treatment, is to avoid eating sugar for a long time and is this what you are referring to.*

**Listener - Jean**

Yes exactly.

**Energy Medicine - Anne Bacon**

*Right, well this is very difficult to follow and also sometimes you can have something such as Niastatin or grapefruit extract.*

**Listener - Jean**

That is what I have been having.

**Energy Medicine - Anne Bacon**

*Well even though that is herbal it is quite strong and does not always suit everybody and certainly does not work quickly at all. However, with bioresonance therapy we can rapidly identify the particular strain of Candida you have and invert the frequency of that Candida. There are many different types of candid and it is very important that we find exactly which Candida the person has and then we invert (mirror image) the frequency of that particular Candida back to the person and that will neutralise the Candida outright, but will not affect the host (by that I mean you) in any way at all.*

**Listener - Jean**

What is involved, is it something that happens in a matter of weeks.

**Energy Medicine - Anne Bacon**

*Oh yes. Probably 2 treatments a week and normally we would expect to get rid of it within 2 weeks and it is completely painless although you would need to observe a sugar free and wheat free diet for the treatment period and after that you can eat quite normally again. Alcohol is probably the worst thing you can have with the Candida problems as it has both wheat and sugar in it and this is exactly what Candida loves as it is what it lives on. So I would very much recommend bioresonance therapy.*

**Broadcaster - Val Reynolds-Brown**

Thank you for calling Jane. Anne, there are several people still on the line and as we have run out of time you can telephone Anne on 01442 833360.

**Energy Medicine - Anne Bacon**

*Also there is a web site address at [www.energymedic.co.uk](http://www.energymedic.co.uk) where there is quite a lot of information if anybody wishes to look.*